



# ARMY PUBLIC SCHOOL MIRAN SAHIB

DAY AND DATE: THURSDAY, 20 NOV'25



## CAREER COUNSELLING SESSION FOR CLASS XI & XII

TOPIC: Ikigai and Career Planning After 12th

Resource Person: Prof. Mandip Singh, Director of Strategic Initiatives at Chitkara University.

Prof. Singh introduced the **Japanese concept of Ikigai**, encouraging students to explore the intersection of what they love, what they are good at, what the world needs, and what they can be paid for. He guided students on **identifying their strengths, passions, and long-term goals** to make informed career choices after Class 12.

The session also highlighted **emerging career paths, higher-education options** and the **importance of aligning personal interests with future opportunities**. Students actively participated and gained clarity about structured career planning.

